








ANDERSON MIDDLE SCHOOL

March 2010

| | | | | |
|--|---|---|--|---|
| Monday, March 1 <u>Breakfast:</u> Bagel with Cream Cheese, sunflower seeds, applesauce <u>Lunch:</u> Bean & Cheese Nachos, bread stick or Cheeze Bread, marinara sauce | Tuesday, March 2 <u>Breakfast:</u> Biscuit & Gravy, diced peaches <u>Lunch:</u> Chicken Fajita or Bean & Cheese Burrito, fruit crisp | Wednesday, March 3 <u>Breakfast:</u> Ham & Cheese Croissant, banana  <u>Lunch:</u> Chicken Nuggets, potato wedges or Sweet & Sour Chicken Rice Bowl | Thursday, March 4 <u>Breakfast:</u> Yogurt, whole grain graham, orange wedges <u>Lunch:</u> Pizza or Vegetable Soup & PBJ Uncrustable Sandwich, dolphin crackers | Friday, March 5 <u>Breakfast:</u> Pancake Sausage on a Stick, pineapple <u>Lunch:</u> Vegetarian Chili Cheese Dog or Chickwich & baked fries, cookie |
| Minimum Day Monday, March 8 <u>Breakfast:</u> Waffle Stick, Egg pattie, applesauce  <u>Lunch:</u> Bean & Cheese Burrito, Mexican rice, salsa or Pocket Sandwich | Minimum Day Tuesday, March 9 <u>Breakfast:</u> Breakfast Burrito, salsa, mixed fruit <u>Lunch:</u> Spaghetti, French bread or Pizza, graham crackers | Wednesday, March 10 <u>Breakfast:</u> Breakfast Pizza, pineapple tidbits <u>Lunch:</u> Hamburger or Toastie Dog, baked potato wedges, pudding | Thursday, March 11 <u>Breakfast:</u> Fruit Muffin, cheese stick, banana  <u>Lunch:</u> General Tso Chicken Nuggets over Rice or Turkey Sandwich & baked chips, fortune cookie | Friday, March 12 <u>Breakfast:</u> Pancake Sausage on a Stick, pears <u>Lunch:</u> Meatball Sandwich or Fish Nuggets, baked fries, Mexican corn, graham crackers |
| Monday, March 15 <u>Breakfast:</u> Cinnamon Swirl French toast, sausage, applesauce <u>Lunch:</u> Turkey Carnitas-Mole, refried beans or Pocket Sandwich, baked chips, Shape Up | Tuesday, March 16 <u>Breakfast:</u> Biscuit & Gravy, diced peaches <u>Lunch:</u> Ham & Cheese Sandwich or Sloppy Joe, potato wedges | Wednesday, March 17 <u>Breakfast:</u> Whole Grain Cinnamon Bun, trail mix, peaches  <u>Lunch:</u> Chicken Noodle Soup, grilled cheese sandwich or Chicken Nuggets, baked fries | Thursday, March 18 <u>Breakfast:</u> Oatmeal, whole wheat toast, banana <u>Lunch:</u> Pizza or Egg Roll & not fried rice, cookie | Friday, March 19 <u>Breakfast:</u> Pancake Sausage on a Stick, mixed fruit <u>Lunch:</u> Turkey or Rib-b-que Sandwich, scalloped potatoes, bear graham |
| Monday, March 22 <u>Breakfast:</u> Pancakes, turkey ham slice, pears <u>Lunch:</u> Turkey Corndog, potato rounds or Texas Straw Hat, bread stick, jungle crackers | Tuesday, March 23 <u>Breakfast:</u> Biscuit & Gravy, diced peaches <u>Lunch:</u> Taco Boat, French bread or Rib-b-que, potato rounds, brownie | Wednesday, March 24 <u>Breakfast:</u> Scrambled Eggs, whole wheat toast, banana <u>Lunch:</u> Chicken Pattie Sandwich or Ham & Cheese Melt, potato wedges, pasta salad | Thursday, March 25 <u>Breakfast:</u> Yogurt, whole grain graham, kiwi  <u>Lunch:</u> Turkey Gravy, whipped potatoes, hot roll or Pizza, fruit salad, green beans | Friday, March 26 <u>Breakfast:</u> Pancake Sausage on a Stick, 100% fruit juice <u>Lunch:</u> BBQ Turkey Sandwich or Pocket Sandwich, baked potato rounds |
| Monday, March 29 <u>Breakfast:</u> Bagel with Cream Cheese, sunflower seeds, applesauce <u>Lunch:</u> Bean & Cheese Nachos, bread stick or Cheeze Bread, marinara sauce | Tuesday, March 30 <u>Breakfast:</u> Biscuit & Gravy, diced peaches  <u>Lunch:</u> Chicken Fajita or Bean & Cheese Burrito, fruit crisp | Wednesday, March 31 <u>Breakfast:</u> Ham & Cheese Croissant, banana <u>Lunch:</u> Chicken Nuggets, potato wedges or Sweet & Sour Chicken Rice Bowl | Menu subject to change 1% white & nonfat chocolate milk offered with both meals  | |
| | | | Breakfast Prices \$.30 Reduced \$1.00 Paid Lunch Prices \$.40 Reduced \$2.00 Paid | |
| | | | Fruit & Veggie Bar Available at Lunch | |



